



University of Pretoria Yearbook 2019

Sport, recreation and social change 320 (YSL 320)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 30.00

Prerequisites YSL 320

Contact time 3 lectures per week

Language of tuition Afrikaans and English are used in one class

Department Sport and Leisure Studies

Period of presentation Semester 2

Module content

This module builds on the role of sport and recreation in society. Principles of social change theories and models are reviewed and applied in sport and recreation contexts. Content of relevant international, regional and national goals, policies, declarations, charters and structures are analysed, critiqued and incorporated in the design of sport and recreation programmes and campaigns. Techniques and strategies are examined and applied to develop the potential of sport and recreation programmes in facilitating social change. The student is guided towards critical conceptual reflection and management of diversity in local and globalised sport and recreation contexts. This module contains an academic service learning component through community engagement.

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